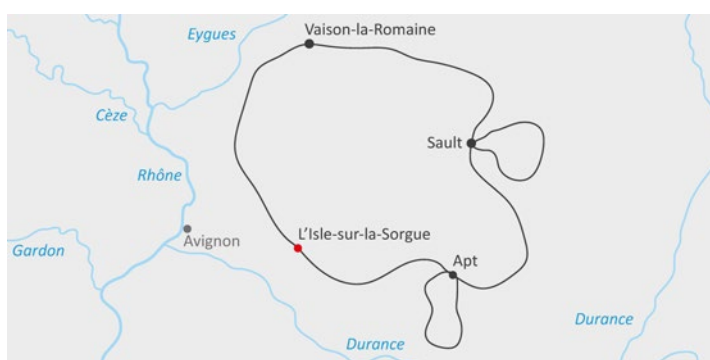


Cycling Tour through Provence

8 DAYS / 7 NIGHTS, APPROX. 325 KM
BOOKING CODE: FR-LAV7

DAILY ROUTE LENGTH ●●●●●
TOPOGRAPHY ●●●●●



Your tour

Cycling through Provence when the lavender is in bloom is a uniquely beautiful affair. The cycle tour around Mont Ventoux, the giant of Provence, already called windy or peeled mountain, rises above the lavender fields glowing purple. The scent and the intense colours are wonderful! No wonder Provence is the source of all wanderlust. But it is not only the blue of the sky, the purple of the lavender and the green of the cypresses that shine under the Provençal sun: at the end of the cycling tour through Provence, the orange of the ochre rocks stands out as spectacular formations in the landscape.

Itinerary

Day 1	Individual arrival to L'Isle-sur-la-Sorgue
Day 2	L'Isle-sur-la-Sorgue region – Vaison-la-Romaine, approx. 55 / 60 km
Day 3	Vaison-la-Romaine – Sault, approx. 60 km
Day 4	Circular tour through lavender fields, approx. 50 km
Day 5	Sault – Apt region, approx. 60 km
Day 6	Round trip through the Luberon, approx. 55 / 45 km
Day 7	Apt – L'Isle-sur-la-Sorgue region, approx. 55 km
Day 8	Individual departure

Travel time

Season A	15.06. – 03.08.
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Arrival Sunday 15.06. – 03.08.2025
The season is dictated by the arrival date.

Services

- 7 nights with breakfast, national 2* / 3*-level
- Luggage transport from hotel to hotel, max. 20 kg / piece
- Cycle route description with maps (1 x per room)
- Service-Hotline (7 days, 08.00 a.m. – 08.00 p.m.)

Not included services

- Citys or visitors tax, if payable

Basic price per person

Double room	1099,-
Additional fee single room	299,-

Additional night prices per person

L'Isle-sur-la-Sorgue DBL / BB	85,-
L'Isle-sur-la-Sorgue SGL / BB	149,-

Additional services per person

E-bike / Pedelec*	269,-
Rental bike (7- / 21-gear)*	99,-
Sporty rental bike (30-gear)*	169,-

*including rental bike insurance

Exemplary hotel list

L'Isle-sur-la-Sorgue / Umgebung	Les Névens L'Isle-sur-la-Sorgue	http://www.hotel-les-nevons.com/
Vaison-la-Romaine	Burrhaus Vaison-la-Romaine	http://www.burrhaus.com/
Sault	Hotel d'Albion Sault	http://www.hotel-sault-ventoux.com/fr
Sault	Hotel d'Albion Sault	http://www.hotel-sault-ventoux.com/fr
Apt / Umgebung	Mas de la Tour in Gargas Apt	http://www.mas-de-la-tour.com/
Apt / Umgebung	Mas de la Tour in Gargas Apt	http://www.mas-de-la-tour.com/
L'Isle-sur-la-Sorgue / Umgebung	Les Névens L'Isle-sur-la-Sorgue	http://www.hotel-les-nevons.com/

Child reduction on basic price

12 - 14 Years	25%
15 - 17 Years	10%

Due to the more demanding stages, we recommend this trip only for young people with good stamina. Reduction for children is valid for accommodation in room with two full-paying guests.

Languages Travel documents

→ German, English, French

Additional note

- All bookings are on request.
- In France, helmets are compulsory for children up to the age of 12. However, for safety reasons, we generally recommend wearing a helmet.
- Twin / double rooms / separate beds are only occasionally available. We treat requests as non-binding customer requests, if above mentioned room types are a booking condition, it must be mentioned as a condition at the time of booking.

Equipment of our rental bikes

- Odometer
- Handlebar bag
- Air pump (1 x per room)
- Breakdown kit (1 x per booking)
- Waterproof pannier

Journey to L'Isle-sur-la-Sorgue / Umgebung

- Nearest airports: Avignon, Marseille
- Train station: L'Isle-sur-la-Sorgue

Parking in L'Isle-sur-la-Sorgue / Umgebung

- Free parking is available at the arrival hotel. No reservation by Radweg-Reisen possible.

Luggage transport

- Luggage pick-up from 09.00 a.m., delivery to the next hotel by 06.00 p.m. at the latest, labeling of luggage is 1 x for the whole tour. No restriction on the number of pieces of luggage, but max. 20 kg per piece of luggage.

Travel documents

- 1 set (per booked room) consists of: hotel list and voucher, travel information with details on daily stages, short travel guides and route descriptions, maps, luggage tags
- Travel document dispatch to the arrival hotel, hotel list and arrival information in advance by e-mail

Stages description

Day 1: Individual arrival to L'Isle-sur-la-Sorgue

Welcome to the cycle tour through Provence. A region that has been and continues to be a source of inspiration for many creative artists. You travel to L'Isle-sur-la-Sorgue, a former fishing village. Today, the small town has made a name for itself as an art and antiques Eldorado. Numerous wrought-iron bridges adorned with flowers cross the rushing Sorgue, wooden paddle wheels have been turning for 200 years and the small alleyways lead through the picturesque old town. On Sundays, you can look forward to a typical Provençal weekly market with over 260 market traders.

Day 2: L'Isle-sur-la-Sorgue region – Vaison-la-Romaine, approx. 55 / 60 km

The first day on the bike takes you to Carpentras, a small town steeped in history in the heart of Provence, at the foot of Mont Ventoux. The oldest synagogue in France is located here. You travel through an agricultural landscape to Beaumes-de-Venise. The town, famous for its wine-growing, is dominated by the ruins of a medieval castle. Don't miss a visit to the 11th century chapel of Notre-Dame-d'Aubune, a

jewel of Romanesque art in Provence. The rocky landscape consisting of several mountain ridges must now be bypassed or crossed. You will soon have reached Vaison-la-Romaine.

Day 3: Vaison-la-Romaine – Sault, approx. 60 km

Be sure to visit the Roman villas, thermal baths and the ancient theater with 6000 seats in Vaison-la-Romaine before heading to the capital of lavender, Sault. The beautifully situated towns of Mollans and Montbrun-les-Bains on the Plateau d'Albion are bursting with Provençal charm. You will love it! The lavender fields glow purple and the cycle tour through Provence couldn't be more authentic. You soon reach Sault. The town lies on a rocky outcrop at the foot of Mont Ventoux and is a typical Provençal village with narrow streets and inviting cafés on every corner.

Day 4: Circular tour through lavender fields, approx. 50 km

On this day, you will explore the region around Sault. The scent of lavender is omnipresent and the colors could not be more intense. You cycle along the beautiful, rugged Plateau d'Albion to St. Christol. Back

in Sault, you can follow the tour signposted 1 heure sur les pas du loup, which translates as 1 hour in the footsteps of the wolf through the picturesque streets of the former village center. You will discover the former castle, its ramparts, curtain walls and entrance gates, as well as several houses from the Middle Ages, the Renaissance and the 18th century.

Day 5: Sault – Apt region, approx. 60 km

This stage of the cycle tour through Provence takes you through the wild and rugged originality of the Luberon Nature Park. You have reached your destination in Apt. The town used to be a prosperous Roman colony and one of the earliest episcopal seats in the region. It lies on the Via Domitia, the first Roman road in Gaul. Today, Apt is known as the world capital of candied fruit. The streets are narrow, the cafés inviting and the atmosphere very charming southern French.

Day 6: Round trip through the Luberon, approx. 55 / 45 km

On this day, you will be spoiled for choice: if you want to visit three of the most beautiful villages in the Luberon, Bonnieux, Buoux and Saignon, you will have to pedal hard. The villages glow ochre in the Provençal sun and nestle on the wooded slopes of the Luberon. If

you fancy a less physically demanding stage, we recommend a trip to Gargas, where the bright ochre is still mined today. Then cycle to the Colorado Provençal. Take a walk under a blue sky, through green forests and all the shades of brown, yellow and red of the ochre quarry.

Day 7: Apt – L'Isle-sur-la-Sorgue region, approx. 55 km

Take another exploratory tour through the narrow streets of the old town, but then you should soon be on your way. Look forward to this stage on the bike tour through the Luberon, because it will be beautiful. The picturesque mountain villages of Bonnieux, Lacoste and Ménerbes outdo each other in terms of southern French charm. Above Lacoste you can visit the ruins of the castle of the same name, a former residence of the Marquis de Sade. But that's not all, because the overnight stop L'Isle-sur-la-Sorgue is a small green paradise with many side arms of the river Sorgue, where old paddle wheels still turn. The town has transformed itself from a fishing village into a center for antiquarian treasures.

Day 8: Individual departure

After breakfast you start your individual return journey home or extend your stay.